



Case Planning



Training Goals



In this training we will cover:

- ▶ Requirements for case plan
- ▶ Working with the family to develop the case plan
- ▶ Elements of a case plan
- ▶ Development of objectives and goals
- ▶ Using case scenario to develop a case plan







Why develop case plan with the family?

- ▶ Achieve timely permanency
- ▶ Family knows the child best
- ▶ Everyone on the same page
- ▶ No confusion over who needs to do what, when and where
- ▶ Buy in

A good case plan.....

- ▶ Is highly structured
- ▶ Meets specific requirements
- ▶ Is individually tailored
- ▶ Engages participants





Case Plan – What is included?



- ▶ The initial case plan must include:
 - ▶ Document referral and/or disapproval of eligibility for other services
 - ▶ Time limited steps and goals to resolve the reasons for the child being in need of protection
 - ▶ Trauma Screener - to identify traumatic experiences and account for them in making mental health referrals as part of case planning
 - ▶ Include a permanency plan within six months of placement
 - ▶ Must be written in collaboration with the client and signed by the case worker and client (25 CFR-20.100)
 - ▶ If the child is of sufficient age or has special needs, a separate case plan should be for and possibly with the child



Indian Child Welfare Act Placement Preferences

- ▶ Is least restrictive
 - ▶ Is most like family, within a reasonable proximity to the child's family
 - ▶ Meets child's special needs

Preferred & rank-ordered placements (below. Unless there is good cause to place the child elsewhere or the tribe has a different placement preference order:

1. Member of the child's extended family
2. Foster home licensed, approved, or specified by the child's tribe
3. Indian foster home licensed or approved by the state or other non-Native licensing authority
4. Institution for children approved by an Indian tribe or operated by an Indian organization that meets the child's special needs.



Elements of Case Plan



- ▶ An assessment of the family strengths and needs
- ▶ The permanency goal
- ▶ The objectives to be achieved
- ▶ The services to be provided
- ▶ The case worker activities to be performed
- ▶ The projected date for completion of service objectives
- ▶ The dates the plan is in force.
- ▶ The schedule of planned case worker contacts with the child and the family
- ▶ The visitation plan
- ▶ Placement information
- ▶ Case plans are created with the client

Elements of a Successful Plan

What should be included in a successful case plan?
Why?



Outcome of Successful Plan

- ▶ Remain safely in own home (monitor)
- ▶ Return home (family reunification)
- ▶ Guardianship





Objectives & Services

Objectives

- ▶ Describe a goal
- ▶ Represent the elimination of the identified problem

Services

- ▶ Describe an activity that leads to a goal
- ▶ Represent an activity that could lead to elimination of the identified problem

SMART Objectives

- ▶ S = Specific
- ▶ M = Measurable
- ▶ A = Achievable
- ▶ R = Relevant (or result-focused)
- ▶ T = Time-limited



SMART Objectives

Objectives Are Specific

- ▶ Objectives describe the specific behavioral outcomes that will result in achievement of the permanency goal.





SMART Objectives



Objectives Are Measurable

- ▶ The parties must be able to reach consensus regarding whether the objectives have been accomplished.
- ▶ The objective must include some easily discernible criteria by which achievement can be measured.

Objectives Are Achievable

- ▶ Objectives **must be realistic** so that families are able to accomplish them.





SMART Objectives



Objectives are **Relevant** and **Result** focused

- ▶ Avoid deriving objectives from a “laundry list” of potential conditions that might improve parenting or care of the child.
- ▶ An objective must be selected in the context of the factors that put the child at risk.

SMART Objectives

Objectives are **Time-limited**

- ▶ Use a timeframe within which the objective can reasonably be expected to be completed.





Steps of Case Planning



- ▶ Work with the family
- ▶ Ensure that family members understand the process
- ▶ Review strengths and intervention reasons
- ▶ Establish permanency goals
- ▶ Identify objectives- removed service
- ▶ Identify and prioritize client responsibilities
- ▶ Identify how and when to assess progress
- ▶ Document the plan



Developing the Case Plan

Activity/Handout



Questions